



**FOUNDATION
OF LIGHT**

THE WORLD AT YOUR FEET

VOLUNTEERS OPPORTUNITIES

**YOUR
TIME
CAN
CHANGE
LIVES**

BE A VOLUNTEER



THE ROLE



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Role:

Foundation of Light Football Community Clubs

Help with full range of activities around Junior and Adult Football and Futsal teams supporting coaches and parents during their training and weekly games.

Wear Together

Volunteers for the Wear Together programme supporting Foundation of Light staff set up and take part in meaningful sessions to the over 55 age group to increase physical activity and reduce loneliness. Sites include Beacon of Light, Boldon, Seaham.

Health & Wellbeing

Volunteers to support staff deliver weight loss and fitness programmes develop confidence and resilience

Employer Supported Volunteering

Support external corporate organisations with their CSR strategies allowing their staff members to support Foundation of Light events alongside Foundation staff.

Grounds and Maintenance Volunteers

Grounds and maintenance volunteers with a customer and quality service role will enhance the visitor experience and complement the skills and abilities of the staff team.

Beacon Events set up volunteers

Volunteers to support our Beacon of Light team with event set up and de rig

Department (Skills-based / Specialist Interest) Volunteers

To build on the success of existing department roles, there is a convincing opportunity to increase existing volunteer capacity of specialist skills-based provision e.g., finance, marketing, coaches, tutors, fundraising etc.

Meet and Greet Volunteers

Street level volunteers with a meet and greet role to provide signposting, navigation, and activities / programme awareness, including directing and escorting to site location.

Café Volunteers

Supporting Beacon of Light staff to provide a friendly welcome to our Café customers

Events Volunteers

Support the events team with a busy calendar of annual events including Family Fun Day, Business Fun Days, Great North Run, Fan Zones, Matchday activity other Beacon specific events and activities.

Fan Zone Volunteers

Support Foundation of Light staff prior to SAFC home games during Fan Zone activities at the Beacon of Light

Mini Bus Driver

Supporting various programmes within the Foundation of Light by driving one of two minibuses to venues or sporting activities across the Northeast or further afield programme depending. Driver must hold clean driving licence and be over 25 and under 70 years old.

WHO WE ARE



WE MAKE LIFE BETTER FOR PEOPLE IN THE NORTH EAST

We are delighted that you are expressing an interest in joining our pioneering charity at such an exciting time. We are proud of our history and culture, our innovative and proactive solutions to community problems, and our people.

We are looking to add diversity and new skills to our passionate and enthusiastic team.

We are the official charity of Sunderland AFC, established in 2001 by former club Chairman Sir Bob Murray CBE with a simple mission:



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OUR VISION

Better opportunities, better lives.

OUR MISSION

We are here to use the power of football to invest in the communities we serve and to improve the Education, Health, Wellbeing and happiness of people, no matter who they are.

ABOUT US

Set up in 2001, the Foundation of Light is the registered charity of Sunderland Football Club; we use the power of football to engage individuals and communities, increasing life opportunities.

Situated in the Northeast of England, we are based at the award-winning community hub, the Beacon of Light, but also have outreach centres in Sunderland, South Tyneside and County Durham.

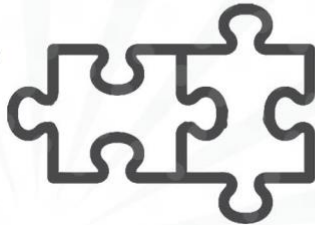
We use our position as an unparalleled route into traditionally 'hard to reach' communities – involving, educating and inspiring. We work across four industries – education and skills, sport and play, health and wellbeing and youth and community learning.



OUR VALUES

Collaborative

We work together, encourage diversity and build strong relationships in our community.



Integrity

We are honest, respectful and inclusive. We care about our colleagues and our community.



Innovative

We are creative in solving problems and bold in trying out new ideas.



Agile

We adapt to all situations with flexibility and positivity. We are resilient in times of challenge.



Excellence

We are professional, accountable for our actions and contribute to a high performing team.



Passionate

We are proud of what we do and committed to making a difference.





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SAFE, WELCOMING AND INCLUSIVE IS AT THE HEART OF WHO WE ARE

We recognise, respect and value difference; all individuals will be treated equally and fairly.

We expect all staff, volunteers and partners to share our commitment to maintaining a culture of vigilance and encourage the reporting of any concerns about the welfare of any child, young person or adult at risk.



*James and Daniel really enjoyed the session today.
They said it felt like they were learning but in a fun way
- and they love anything to do with football!*

Kelly Woods, Parent



WHAT WE DO

We work with partners and key stakeholders such as local councils, colleges, universities and housing associations to deliver more than 40 programmes a year across the North East. In doing so, we support almost 20,000 people from all walks of life.

Our **sport and play** programmes cater for young children aged from 18 months (Little Dribblers) to adults aged over 55 (our Extra Time Hubs). We encourage people of all ages to keep active, develop skills and live more fulfilling lives.

Meanwhile, our wide range of disability programmes ensure young people and adults can enjoy sport and build friendships. Our disability coaching team delivers fun, exciting, and challenging sessions which help develop motor skills, balance, and co-ordination, as well as encouraging teamwork and improving communication and confidence.



“

Jacob has really enjoyed the holiday courses - the staff have been fantastic! It's helped massively with childcare over the holidays; I can crack on knowing he is happy and in safe hands.

Helen Wall, Parent

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We're passionate about inspiring **young people** to be the best they can be, so we also provide a range of free programmes to develop children and young people wherever their interests lie. From sports through to social action projects, residential trips, mentoring, youth clubs and forums, we make sure their voice is heard and their dreams encouraged.

To help raise the educational attainment across the region, we partner with education providers to close the gap between those from disadvantaged backgrounds and others.

We deliver a wide range of sports and education programmes for schools and academies across the North east.



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Hundreds of young people have benefitted from our Holiday Hunger programmes, enjoying free activities and a daily meal during the school holidays.

We work with those aged **19+** to improve their **employability skills** and help them find full time work, we also help parents, grandparents and carers support their child's development through a range of courses; encouraging families to learn and play together and gain new skills and experiences.

We offer adults the opportunity to reskill or upskill and gain qualifications and participate in courses they may previously not have had access to.

Of course, another priority is **health** inequality, and working with partners across Sunderland, South Tyneside and County Durham we deliver a wide range of programmes aimed at tackling poor physical health.



Over **16,000** young people making safer and healthier choices from our programmes

We've upskilled nearly **1,500** young people and adults, supported over **600** participants in their employment journey and helped secure nearly 100 jobs

Over **20,000** people who we have worked with have improved their physical health with 14,000 also improving their mental wellbeing

Over **10,000** volunteering hours

Over **250** aged over-55 access our five day a week programme of activities



OUR HISTORY





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2016

FOOTBALL SCHOLARSHIP PROGRAMME LAUNCHED

MULTIPLE TROPHY WINS AND STUDENTS PROGRESSING ONTO FURTHER EDUCATION

DOUBLE CELEBRATION FOR THE FOUNDATION

WELL DONE LESLEY SPÜHLER OBE, CHIEF EXECUTIVE FOUNDATION OF LIGHT

POSITIVELY CHANGING YOUNG LIVES

BEACON OF LIGHT SCHOOL OPENED IN 2016 AT THE STADIUM OF LIGHT

2018

BEACON OF LIGHT OPENS

FOUNDATION OF LIGHT'S NEW HOME

COACHES ON TOUR 2014

VISITING:

CAMBODIA	SWEDEN
CHINA	SWITZERLAND
ESTONIA	UGANDA
SOUTH AFRICA	ZAMBIA
SPAIN	

GENERATING REVENUE FOR PROGRAMMES IN THE NORTH EAST

EMPLOYABILITY AT THE TOP OF THE AGENDA FOR 2016

BACK IN THE GAME AWARD WINNER

2018

BEACON OF LIGHT OPENS

FOUNDATION OF LIGHT'S NEW HOME

2020

YOUR MOVE

REGIONAL COMMUNITY CLUB OF THE YEAR

OVER 7,000 FOOD PARCELS DELIVERED THROUGHOUT COMMUNITY DURING PANDEMIC

2021

2019

BEST FOOTBALL COMMUNITY AWARD

OUTSIDE THE PREMIER LEAGUE

“

I love been able to go out into the community meet different people and organisations.

Susan Kane,
Foundation of Light staff

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