



**FOUNDATION  
OF LIGHT**

THE WORLD AT YOUR FEET

**SECONDARY  
EDUCATION**



# WHO WE ARE, WHAT WE DO!



## WHY USE US?

There are lots of organisations nowadays offering support to schools but there are three clear reasons why you should consider us before all others. We have a proven track record of engaging hard to reach kids.

## EXPERIENCE AND CREDIBILITY

With over two decades experience, and with credible partners including the Premier League and EFL; national and local government; multinationals like Caterpillar and Nissan; the NHS and Army; you know that we are an established organisation you can trust.

## EXCELLENCE

Our trophy cabinet speaks for itself, with our programmes, people, facility and the Foundation of Light itself, winning prestigious national and regional awards. Our programmes are also mapped to the National Curriculum and suitable for OFSTED inspections.

# WE MAKE LIFE BETTER FOR PEOPLE IN THE NORTH EAST

We are the official charity of Sunderland AFC, established in 2001 by former club Chairman Sir Bob Murray CBE with a simple mission:

To use the power of football to tackle the North East's biggest challenges, helping those in our communities live happier and healthier lives.

We are financially independent of Sunderland AFC, raising over £4m each year through donations, grants, contracts, partnerships and trading activities.

We have been supporting the region's schools for over 20 years with programmes that enhance their curriculum, enthuse unmotivated pupils and engage youngsters in topics. This prospectus will offer you an insight into our work, our people and our passion.

It will also give you an idea of how you could benefit from our work too.



## USING THE POWER OF THE SUNDERLAND AFC BADGE

There are few other brands in the North East that can engage youngsters like Sunderland AFC. We have used the context of football and SAFC for decades to engage youngsters in learning and enthuse them in core subjects that they previously weren't interested in.

**Our staff deliver sessions in SAFC training kit, learning assets are SAFC branded with other opportunities including player visits and match tickets.**



# HOW TO USE THIS PROSPECTUS

This prospectus contains information about the ways that we can support local schools.

However, the information provided should be considered a guide only – we can tailor programmes and sessions to meet the needs of your school and your young people to ensure that our partnership has the maximum impact.

Funding can apply in certain areas, which would impact any potential costs and we can agree packages for most budgets.

We recommend using this prospectus to start discussions in your offices and staff rooms, to spark ideas of what's possible, and then arrange a chat with our schools specialist who'll be able to provide more support to help you make the right choice.



# OUR VALUES

## Collaborative

We work together, encourage diversity and build strong relationships in our community.



## Integrity

We are honest, respectful and inclusive. We care about our colleagues and our community.



## Innovative

We are creative in solving problems and bold in trying out new ideas.



## Agile

We adapt to all situations with flexibility and positivity. We are resilient in times of challenge.



## Excellence

We are professional, accountable for our actions and contribute to a high performing team.



## Passionate

We are proud of what we do and committed to making a difference.





# OUR PROGRAMMES

## MENTORING

**GROUP:**  
Secondary

**AGE RANGE:**  
11-16 year-olds

**AGE RANGE SUPPORTED:**  
PSHE, personal development, literacy, oracy

Bespoke sessions tailored to meet individual needs of pupils to help support and encourage them to achieve outcomes on their educational pathway. Through pastoral support, we can provide mental and physical health advice and a safe space for open conversation with school support staff. Tutors will work closely with pupils to help improve their behaviours and bridge the gap between staff and students within secondary schools.

**WHERE:**  
Within secondary schools during school hours

**DURATION:**  
From 30 minutes to 60 minutes – up to 36 weeks

**TYPICAL OUTCOME:**  
More resilient, knowledgeable students who have a higher attendance

## PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION (PHSE)

**GROUP:**  
Secondary

**AGE RANGE:**  
11-16 year-olds

**AREAS SUPPORTED:**  
Key Stage 3 / 4 PSHE, literacy, oracy

Our PHSE programmes include a wide range of activities that are tailored to each group. Sessions can be designed to match school needs and areas for improvement. Focused groups can be created to manage confidence building, female empowerment, prejudice, respect and tolerance, inspirations and aspirations.

**WHERE:**  
Within secondary schools or at the Beacon of Light during school hours

**DURATION:**  
1 hour sessions, 36 weeks

**TYPICAL OUTCOME:**  
Increase self-confidence, female empowerment, respect and tolerance, inspirations and aspirations.

## LITERACY

**GROUP:**  
Secondary

**AGE RANGE:**  
11-16 year-olds

**AREAS SUPPORTED:**  
Literacy, oracy, PSHE

Aimed at students who require further English intervention, the programme is centred around the interests of the group and focuses on improving literacy. Football-based literature is a fundamental part of learning and helps to motivate disengaged participants through small group tutoring. Alongside reading and writing ability, there is a solid focus on the development of oracy skill progression. Discussion based activities help to develop speaking and listening capability.

**WHERE:**  
Within secondary school during school hours

**DURATION:**  
1 hour sessions, 36 weeks

**TYPICAL OUTCOME:**  
Improved literacy and oracy skills through the power of football and sport as well as improved attendance in mainstream English lessons.

## ENTERPRISE

**GROUP:**  
Secondary

**AGE RANGE:**  
11-16 year-olds

**AGE RANGE SUPPORTED:**  
Key Stage 3 / 4 PSHE, literacy, oracy, numeracy, business, social action

Challenges that aim to engage pupils in business and careers and raise awareness of career opportunities and development within the local community. Sessions are facilitated within the Beacon of Light World of Work Zone to help inspire participants and introduce new pathways. Industry leaders that support our Enterprise Challenges are Arriva, Caterpillar and Nissan.

**WHERE:**  
Within secondary schools or at the Beacon of Light during school hours

**DURATION:**  
1 hour sessions, 36 weeks

**TYPICAL OUTCOME:**  
Raised awareness of local career opportunities, inspiring young people to onto a chosen education or career pathway

## SOCIAL ACTION

**GROUP:**  
Secondary

**AGE RANGE:**  
11-16 year-olds

**AREAS SUPPORTED:**  
Key Stage 3 / 4, literacy, oracy, PSHE, mathematics, business

Social Action is people coming together to tackle an issue, support other people or improve their local area. It involves people giving their time and resources for the common good, in a range of forms.

**WHERE:**  
Within secondary school during school hours

**DURATION:**  
1 session, 10 weeks

**TYPICAL OUTCOME:**  
Opportunity to self-develop through these sessions, whilst also developing a sense of ownership and pride for their local community.

## TEACHER CPD - STEM

**AGE RANGE:**  
Qualified teaching staff in school

**AREAS SUPPORTED:**  
Business, technology, maths, science, engineering, literacy, oracy

An opportunity for staff to be upskilled into the world of STEM based learning through new and exciting resources centred around coding and robotics.

**WHERE:**  
Within school and online

**DURATION:**  
30 hours of CPD

**TYPICAL OUTCOME:**  
Staff from all parts of the school curriculum will have the knowledge to deliver lessons introducing STEM based topics to their learners and have the confidence to signpost learners into STEM based education and career pathways.

## FIND OUT MORE

[jake.leighton@foundationoflight.co.uk](mailto:jake.leighton@foundationoflight.co.uk) / 07791419699

SCAN THE QR CODE TO SEE HOW WE HAVE MADE A DIFFERENCE





# OUR PROGRAMMES

## PHYSICAL EDUCATION

Through physical literacy, multi-skills, invasion games and dance, we develop fundamental movement skills improving agility, balance and coordination. Pupils are engaged in a range of confidence building yet increasingly challenging situations.

**CURRICULUM AREAS SUPPORTED:**  
PE, numeracy, literacy and ICT.

### KEY BENEFITS:

- Lesson plans linked to the new national curriculum
- Yearlong curriculum plans to meet the needs of the key stage
- Access to resources
- MTP/LTP and tracking document

### DURATION

Six weeks up to a full academic year

## OUT OF SCHOOL SPORT

Through breakfast, lunch, after-school and holiday clubs young people are engaged in sport specific (football, dodgeball, etc.) sessions with the focus on fun and social development. Out of School Sport caters for all ages and abilities, including disability.

### KEY BENEFITS:

- Fun and engaging sessions designed to increase participation and physical activity
- Access to high quality coaching
- Increases school's extracurricular offer
- Access to progression pathways

### DURATION

Six weeks up to a full academic year

## DISABILITY - IN SCHOOL SUPPORT

### GROUP:

Secondary

### AGE RANGE:

5-16 year-olds

### AGE RANGE SUPPORTED:

PE, SEN

Planned and structured specialist programmes for young people with disabilities, suited to the needs of each school or group being worked with, but most importantly tailored to meet the needs of every young person. Sessions can be full PE Curriculums, which are plan, delivered and reviewed in partnership with the school being worked with. We can also offer sport specific or early / basic moves programmes tailored to the needs of the groups being worked with.

### WHERE:

Primary and secondary schools

### DURATION:

35 x 1 hour sessions but can be tailored to school and pupil needs

### TYPICAL OUTCOME:

Improved physical health and confidence

## DISABILITY - OUT OF SCHOOL SUPPORT

### GROUP:

Primary and secondary

### AGE RANGE:

5-25 year-olds

Tailored out of school clubs (breakfast, lunch, or afterschool) used as behaviour management tools, to support positive behaviours within the school or to provide additional access to sport and physical activity.

### WHERE:

Primary and secondary schools

### DURATION:

35 x 1 hour sessions but can be tailored to school and pupil needs

### TYPICAL OUTCOME:

Improving positive behaviours within school environments whilst allowing children and young people to enjoy sport and physical activity as part of their school day.

## FIND OUT MORE

[jake.leighton@foundationoflight.co.uk](mailto:jake.leighton@foundationoflight.co.uk) / 07791419699

**Find out more about our Disability programmes please contact:**  
[kevin.darke@foundationoflight.co.uk](mailto:kevin.darke@foundationoflight.co.uk) / 0191 563 4777

## TEACHER CPD - SUPPORTING SEND PUPILS

### AGE RANGE:

Qualified teaching staff in school

This programme helps teachers, support staff and educators who work with children, young people, and adults with special educational needs and disabilities (SEND) to gain improve their knowledge, skills and understanding.

### WHERE:

Within primary and secondary schools or at the Beacon of Light

### DURATION:

2 hour sessions as required

### TYPICAL OUTCOME:

Courses cover: SEND Awareness, Autism, Dyslexia and Dyspraxia, ADHD and ADD, Mental Health, Pathological Demand Avoidance (PDA), Sensory and Communication and Hearing and Visual Impairments.





# OUR PROGRAMMES

## DAY AT THE BEACON OF LIGHT

**EXCITE AND MOTIVATE YOUR PUPILS WITH A VISIT TO OUR STATE-OF-THE-ART EDUCATION AND SPORTS VENUE.**

Beacon of Light is home to Sunderland AFC charity Foundation of Light, situated next to Sunderland Aquatic Centre and the Stadium of Light. The Beacon opened its doors in Summer 2018 with the purpose of improving people's lives in the North East.

The Beacon of Light features:

- Versatile sports arena
- Classrooms and learning spaces
- Dedicated work-related learning zones
- Seven-a-side pitch on the roof
- Six five-a-side pitches

We are welcoming schools to the Beacon of Light where we can help enhance learning in key curriculum areas including maths, english, enterprise and sport, as well as create bespoke learning programmes in line with your pupils needs.



## EXAMPLE ITINERARY FOR A FULL DAY

TIME	ACTIVITY
9.30 - 10am	Arrival and welcome
10 - 11am	Session 1
11am - 12pm	Session 2
12 - 12.30pm	Lunch
12.30 - 1.15pm	Session 3
1.15 - 2pm	Session 4
2pm	Thank you/depart

## PROGRAMMES AVAILABLE

PE	Construction	Wellbeing
Maths	Stadium Tour	Team building
Enterprise	Coding	ESports
PSHE	Literacy	
Cookery	Mental Health	

## HALF/FULL DAY PACKAGES

The Foundation of Light programmes are very bespoke and not only do we offer individual programmes, but we can also supply staff for half or full days each week to support delivery within your schools.

The main benefits of having a staff member each week is that they can really get to know the pupils and are seen as a member of school.

These packages have been very popular and are designed to help strengthen the relationship between schools and the Foundation of Light.

Our staff can deliver a varied timetable of activities throughout the day in your school. For example it wouldn't need to be sport every lesson with each class, the timetable of delivery could be -

- LESSON 1:** Group work
- LESSON 2:** Group work
- LESSON 3:** Group work
- LESSON 4:** Mentoring sessions
- LESSON 5:** Mentoring sessions
- AFTER SCHOOL CLUB:** STEM club  
Sports club



SCAN FOR MORE



**FIND OUT MORE**

[Jake.leighton@foundationoflight.co.uk](mailto:Jake.leighton@foundationoflight.co.uk) / 07791419699

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THE WORLD AT YOUR FEET

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